

# HOLY CROSS SCHOOL MENU

September 2023 – July 2024  
 V - Suitable for Vegetarians  
 Allergen information is on the next page

You may only choose 1 option below (meat OR veg)		WEEK 1: 4 <sup>th</sup> Sep, 25 <sup>th</sup> Sept, 16 <sup>th</sup> Oct, 13 <sup>th</sup> Nov, 4 <sup>th</sup> Dec, 8 <sup>th</sup> Jan, 29 <sup>th</sup> Jan, 26 <sup>th</sup> Feb, 18 <sup>th</sup> Mar, 22 <sup>nd</sup> Apr, 13 <sup>th</sup> May, 10 <sup>th</sup> Jun, 1 <sup>st</sup> Jul, 22 <sup>nd</sup> Jul	WEEK 2: 11 <sup>th</sup> Sep, 2 <sup>nd</sup> Oct, 30 <sup>th</sup> Oct, 20 <sup>th</sup> Nov, 11 <sup>th</sup> Dec, 15 <sup>th</sup> Jan, 5 <sup>th</sup> Feb, 4 <sup>th</sup> Mar, 25 <sup>th</sup> Mar, 29 <sup>th</sup> Apr, 20 <sup>th</sup> May, 17 <sup>th</sup> Jun, 8 <sup>th</sup> Jul	WEEK 3: 18 <sup>th</sup> Sep, 9 <sup>th</sup> Oct, 6 <sup>th</sup> Nov, 27 <sup>th</sup> Nov, 1 <sup>st</sup> Jan, 22 <sup>nd</sup> Jan, 19 <sup>th</sup> Feb, 11 <sup>th</sup> Mar, 15 <sup>th</sup> Apr, 6 <sup>th</sup> May, 3 <sup>rd</sup> Jun, 24 <sup>th</sup> Jun, 15 <sup>th</sup> Jul
<b>OPTIONS:</b> MEAT		<b>Monday</b> Tomato and Basil pasta with garlic Bread (A-2-7-13) OR Macaroni cheese with garlic bread Sliced green bean (A2-7-13)	<b>Monday</b> Savoury minced beef OR Vegetable chilli with wholegrain rice, country mixed vegetables, mash potatoes	<b>Monday</b> Cheese and tomato pizza (A2-7) OR Sweet potato and chickpea korma with steamed wholegrain rice Peas, sweetcorn, steamed new potatoes
<b>VEGETARIAN</b>				
Sides Dessert		Mini Fruit Doughnut (A2-4-7-13)	Mini Fruit muffin (A2-4-7-13)	Fruit cookie A-2
<b>OPTIONS:</b> MEAT		<b>Tuesday</b> Mild chicken curry (A2-4-7) with wholegrain rice, garlic and coriander naan bread OR Baked potatoes with various fillings (A4-5-7) Served with peas	<b>Tuesday</b> Chicken and vegetable balti with wholegrain rice OR Baked potato with various fillings (A4-5-7) Green beans.	<b>Tuesday</b> Chicken Burger (A1-2) OR Baked potato with various fillings Baked beans, sweetcorn. oven baked herbie potatoes(A4-5-7)
<b>VEGETARIAN</b>				
Sides Dessert		Butterscotch mousse (A7)	Chocolate Brownie (A2-4-7)	Banana cake (A2-4-7)
<b>OPTIONS:</b> MEAT		<b>Wednesday</b> Toad in the hole(A2-4-7) OR Baked potato with various fillings (A4-5-7) Country mixed vegetables, mash potato	<b>Wednesday</b> Margherita Pizza (A2-7) OR Jacket potato with various fillings (A4-5-7) Peas, sweetcorn, over baked herbie potatoes	<b>Wednesday</b> Baked gammon and pineapple OR Baked Potato with various fillings (A4-5-7) Sliced green bean, mash potatoes, gravy
<b>VEGETARIAN</b>				
Sides Dessert		Fruit short Bread(A2)	Strawberry jelly	Chocolate iced sponge (A2-4-7)
<b>OPTIONS:</b> MEAT		<b>Thursday</b> Roast chicken with sage and onion stuffing (A2) OR Roasted Quorn fillet with stuffing (A2)	<b>Thursday</b> Roast pork with yorkshire pudding (A2-4-7) OR Quorn dippers with yorkshire pudding(A2-4-7)	<b>Thursday</b> Roast chicken & yorkshire pudding (A2-4-7) OR Quorn sausage with yorkshire pudding (A2-4-7)
<b>VEGETARIAN</b>				
Sides Dessert		Carrots, broccoli, roast potatoes & gravy (A13) Marble sponge cake (A2-4)	Carrots, roast potatoes, green beans, gravy (A13) Lemon drizzle cake (A2-4-7)	Carrots, cabbage, roast potatoes, gravy (A13) Date slice A2
<b>OPTIONS:</b> MEAT		<b>Friday</b> Oven baked breaded jumbo fish finger (A2-5) OR Oven baked Quorn sausage (A2)	<b>Friday</b> Oven baked fish cake (A2-5) OR Oven baked vegetable burger	<b>Friday</b> Oven baked breaded fish fillet (A2-5) OR Oven baked Quorn Dipper (A2)
<b>VEGETARIAN</b>				
Sides Dessert		Peas, baked beans & oven baked chips Raspberry ripple mousse (A7)	Peas, baked beans, oven baked chips Cornflake crunch (A2-7)	Peas, baked beans, oven baked chips Fruit mousse (A7)